

---

# UNDER THE WATERFALL

## Your Cascade Activation Guide

*"Save now, I beseech thee, O LORD: O LORD, I beseech thee, send now prosperity."*

— Psalm 118:25

**The Three Movements:  
Out of Constriction. Into Capacity. Into Cascade.**

Zoe Ministries  
Archbishop E. Bernard Jordan  
Your Most Trusted Name in Prophecy

---

## INTRODUCTION: The Appointed Season

You are holding this guide because you have sown your cascade seed during an appointed season — the ancient feast of deliverance, when God declared that His people do not stay in the narrow place.

What was released in the teaching on Sunday, April 5, 2026 is not information. It is activation. And this guide is designed to help you understand the three movements God is orchestrating in your life right now: **Out of Constriction, Into Capacity, Into Cascade.**

A waterfall does not ask permission. It does not stop to check whether conditions are favorable. It does not pause at the edge and calculate whether the moment is right. It moves because the volume has exceeded the vessel and the overflow has found its direction and nothing can hold it back.

**That is what God is releasing over your life in this season.** Not a trickle. Not a gradual improvement. A cascade — the overflow that builds on itself, that gathers speed as it falls, that cannot be stopped once it has started.

### What This Guide Contains

**Section 1: OUT OF CONSTRICTION** — Understanding the narrow place and what it builds in you

**Section 2: INTO CAPACITY** — How the vessel enlarges to hold what's coming

**Section 3: INTO CASCADE** — Recognizing the threshold moment and positioning for overflow

**Section 4: RECOGNIZING YOUR MOVEMENT** — Where you are now and what's next

**Section 5: PREPARING FOR YOUR PROPHETIC CALL** — How to receive when the Company of Prophets contacts you

**Section 6: WHAT YOU'VE RECEIVED** — The complete cascade impartation

---

## SECTION 1: OUT OF CONSTRICTION

### Understanding the Narrow Place

The narrow place is not punishment. It is preparation.

Most people misread what constriction is for. They experience the tight space, the limited resources, the restricted options — and they think God has abandoned them or that they've done something wrong.

**But the narrow place has a divine purpose: it builds internal capacity that cannot be built in spacious places.**

Think about a muscle. It only grows under resistance. If you never lift weight, the muscle never strengthens. The constriction of the weight creates the capacity of the muscle. The narrow place works the same way.

### Biblical Precedent: The Israelites in Egypt

*"But the more they afflicted them, the more they multiplied and grew."*

— Exodus 1:12

Pharaoh saw the Israelites multiplying and put them in bondage. He made their lives bitter with hard labor. The stated purpose was to weaken them, break them, stop them from multiplying.

**But the opposite happened.** The more they were afflicted, the more they multiplied and grew.

The constriction designed to weaken them actually strengthened them. Because God uses constriction to build internal capacity that cannot be built in comfortable places.

### What Constriction Builds in You

What You Think Is Happening	What Is Actually Happening
-----------------------------	----------------------------

"I'm being LIMITED"	<b>Constriction concentrates your FOCUS</b> When you have unlimited options, you scatter. When options narrow, you concentrate on what truly matters.
"I'm being RESTRICTED"	<b>Constriction reveals what's ESSENTIAL</b> When everything is available, you can't tell what matters. When resources tighten, you discover what's actually necessary.
"I'm being HELD BACK"	<b>Constriction builds INTERNAL STRENGTH</b> Comfort weakens. Pressure strengthens. The narrow place forces you to develop capacity you didn't know you needed.
"I'm STUCK"	<b>Constriction prepares you for CARRYING what's coming</b> You can't carry cascade-level blessing with constriction-level capacity. The narrow place builds you UP.

Joseph spent years in the narrow place — slavery, false accusation, prison, being forgotten. Four seasons of constriction. But when Pharaoh's dream came, Joseph needed capacity that could only be built in those narrow places:

- The capacity to manage sudden elevation without losing identity
- The capacity to handle absolute power without abusing it
- The capacity to forgive those who put him there
- The capacity to administrate blessing for an entire nation

**That capacity wasn't built in the palace. It was built in the pit, in Potiphar's house, in prison.**

The narrow place prepared him for the cascade. And the constriction you're in right now is doing the same thing for you.

---

## SECTION 2: INTO CAPACITY

### How the Vessel Enlarges

You can't receive cascade with constriction-level capacity.

This is where most people get stuck. They want the cascade. They're tired of the constriction. But they haven't built the capacity to hold what's coming.

**And here's what happens: God releases blessing, but the vessel can't hold it.** The increase comes, but there's nowhere to put it. The overflow starts, but the container is too small. And the blessing that was supposed to transform their life flows right past them because they lack the capacity to contain it.

Capacity is built. Not given.

*"Enlarge the place of thy tent, and let them stretch forth the curtains of thine habitations: spare not, lengthen thy cords, and strengthen thy stakes. For thou shalt break forth on the right hand and on the left."*

— Isaiah 54:2-3

Notice the sequence: **FIRST** enlarge, stretch, lengthen, strengthen. **THEN** break forth.

Not the other way around. You don't break forth THEN enlarge. You enlarge THEN break forth.

Because breaking forth without capacity means the blessing has nowhere to go. If you're living in a one-room tent and God releases a six-room blessing, where does it go?

**Either you enlarge the tent BEFORE the blessing comes, or the blessing flows past you because there's no room to receive it.**

### What Capacity Looks Like in Different Areas

**FINANCIAL CAPACITY:** Not just wanting more money. Having the wisdom to **MANAGE** more money. Knowing what to do with increase when it comes. Where to put it. How to steward it. How to multiply it.

---

**RELATIONAL CAPACITY:** Not just wanting better relationships. Having the maturity to SUSTAIN better relationships. The emotional intelligence to navigate conflict. The patience to build trust. The humility to admit wrong.

**SPIRITUAL CAPACITY:** Not just wanting more anointing. Having the character to CARRY more anointing. The integrity that prevents power from corrupting. The discipline that sustains what favor releases.

**VOCATIONAL CAPACITY:** Not just wanting a bigger platform. Having the competence to MANAGE a bigger platform. The skill to execute at scale. The leadership to build teams. The vision to see what's next.

**Capacity isn't about WANTING more. It's about being ABLE to handle more.**

**And God will not release cascade-level blessing into constriction-level capacity. Because it would destroy you.**

## How Capacity Is Actually Built

### 1. CAPACITY IS BUILT THROUGH STRETCHING

Isaiah said: 'Let them stretch forth the curtains.' Stretching is uncomfortable. But it's how the tent enlarges. What stretches you? New challenges. Unfamiliar territory. Things you've never done before. God will stretch you BEFORE He increases you. Because stretching builds capacity.

### 2. CAPACITY IS BUILT THROUGH STRENGTHENING

Isaiah said: 'Strengthen thy stakes.' The stakes hold the tent in place. If the stakes are weak, the enlarged tent collapses. What strengthens you? Discipline. Consistency. Character development. Spiritual formation. These are the stakes that hold the enlarged capacity in place.

### 3. CAPACITY IS BUILT THROUGH SOWING

When you sow your cascade seed, you're not just giving money. You're declaring: 'I'm building capacity for what's coming.' The seed is the prophetic act that says: 'I'm ready to be stretched. I'm ready to be strengthened. I'm ready for more.' And God responds to that declaration by building capacity in you.

---

## SECTION 3: INTO CASCADE

### Recognizing the Threshold Moment

The cascade doesn't wait for you to feel ready.

It doesn't wait for perfect conditions. It doesn't wait for you to have everything figured out. It doesn't wait for you to feel prepared.

**The cascade starts when the overflow exceeds the vessel.**

A waterfall happens when water accumulates above a threshold point. The water builds. And builds. And builds. And then — at a specific moment — the volume exceeds what the vessel can hold. That's when the cascade begins. Not gradually. Suddenly.

One moment, the water is contained. The next moment, it's falling. And once it starts falling, nothing can stop it.

*"I will...open you the windows of heaven, and pour you out a blessing, that there shall not be room enough to receive it."*

— Malachi 3:10

Notice three things about this cascade:

**1. It's POURED, not dripped.** God doesn't say 'I'll slowly release blessing over time.' He says 'I'll POUR it.' Poured means volume. Speed. Abundance. All at once.

**2. It comes from OPEN WINDOWS, not cracked doors.** God doesn't say 'I'll open a small opening.' He says 'I'll open the WINDOWS.' Windows means multiple openings. Not one source. Many sources. Simultaneously.

**3. There's NOT ENOUGH ROOM to receive it.** The blessing is so abundant that you can't contain it all. It exceeds your capacity to hold it.

That's not a trickle. That's a cascade.

### Signs the Cascade Moment Is Approaching

Sign	What It Means
The constriction is LIFTING	You can feel it. The pressure that was so tight is beginning to ease. The narrow place is starting to widen. That's accumulation building toward release.
Capacity is INCREASING	Things you couldn't handle before, you're handling now. Challenges that would have broken you six months ago, you're navigating now. That's the vessel enlarging to receive the cascade.
Things are happening FASTER	Opportunities that used to take years are showing up in months. Doors that used to require begging are opening with a word. That's acceleration. The cascade is approaching.
You're experiencing PREVIEW moments	Small breakthroughs. Brief overflows. Glimpses of what's coming. Like the first drops before the waterfall. That's threshold proximity. You're close.

## Positioning Yourself for Cascade

Once cascade begins, it moves. Fast. Powerfully. Unstoppably. So you need to position yourself BEFORE it starts:

**POSITION #1: Sow your cascade seed NOW.** Not after the cascade starts. Before. Because sowing before cascade is prophetic faith. Sowing after cascade is just response.

**POSITION #2: Prepare your vessel.** Make sure the container can hold what's coming. Build capacity. Enlarge the tent. Strengthen the stakes.

**POSITION #3: Position yourself underneath where the overflow will fall.** The cascade has a path. It has a direction. You need to be in the right place when it starts.

---

## SECTION 4: RECOGNIZING YOUR MOVEMENT

### Where Are You Now?

The three movements don't happen all at once. They're sequential. And knowing which movement you're currently in helps you understand what to expect next.

### Movement Diagnostic Questions

#### If you're in **OUT OF CONSTRICTION**:

- You feel intense pressure and limitation
- Resources seem scarce
- Options feel restricted
- You're questioning why this season is so tight

**WHAT'S NEXT:** The narrow place is building internal capacity. Don't resist it. Receive from it. The constriction will begin to lift as capacity builds.

#### If you're in **INTO CAPACITY**:

- The constriction is easing
- You're being stretched in new ways
- Challenges that would have broken you before aren't breaking you now
- You sense you're being prepared for something bigger

**WHAT'S NEXT:** Your vessel is enlarging. Keep building. Keep strengthening. The cascade is approaching.

#### If you're approaching **INTO CASCADE**:

- Things are accelerating
- You're experiencing preview moments of breakthrough
- Opportunities are showing up faster
- You sense something is about to break open

**WHAT'S NEXT:** Position yourself. The cascade moment is close. Be ready to move when you hear the sound.

---

## SECTION 5: PREPARING FOR YOUR PROPHETIC CALL

### For Those Who Sowed \$118.25 or \$1,118.25

If you sowed the \$118.25 CASCADE COVENANT SEED or the \$1,118.25 CASCADE PROTECTION SEAL, you will receive a personal prophetic call from either the Company of Prophets or from me directly.

This section will help you prepare to receive maximum benefit from that call.

### Preparing Your Heart

#### 1. SET ASIDE TIME WITHOUT DISTRACTIONS

The prophetic call typically lasts 20-25 minutes. Make sure you're in a place where you can focus fully. Not driving. Not multitasking. Fully present.

#### 2. HAVE SOMETHING TO WRITE WITH

The prophet may give you specific instructions, dates, names, or details. Write them down. Don't rely on memory alone.

#### 3. COME WITH SPECIFIC QUESTIONS

Think about what you most need to know about your cascade season. Which movement are you in? What should you be doing now? What's coming next?

#### 4. RECEIVE WITH AN OPEN HEART

Sometimes prophetic words challenge us. Sometimes they redirect us. Be willing to receive what God is saying, not just what you want to hear.

#### 5. EXPECT SPECIFICITY

The prophets will speak into YOUR specific situation. Not generic encouragement. Detailed, personal intelligence about your cascade.

### What the Prophet Will Address

- **Which movement you're currently in** — Out of constriction, into capacity, or approaching cascade
- **What's being built in you right now** — The specific capacity God is developing

- 
- **Timing intelligence** — When to expect the cascade moment
  - **Positioning instructions** — Where you need to be and what you need to do
  - **Prophetic confirmation** — Validation of things you've been sensing
  - **Warning and encouragement** — What to avoid and what to embrace

---

## SECTION 6: WHAT YOU'VE RECEIVED

### The Complete Cascade Impartation

By sowing your cascade seed during this appointed season, you have positioned yourself to receive the complete cascade impartation. Here's what you've activated:

#### For ALL Seed Levels (\$18.25, \$118.25, \$1,118.25):

##### 1. COVENANT POSITIONING

Your seed is your blood on the doorpost during the appointed week of deliverance. You've marked your household for cascade.

##### 2. THE THREE-MOVEMENT ACTIVATION

Out of constriction — the narrow place begins to open

Into capacity — your vessel begins to enlarge

Into cascade — the overflow finds its direction and moves

##### 3. THIS COMPLETE TEACHING GUIDE

Biblical precedents, practical understanding, diagnostic tools, and preparation for receiving your prophetic word

##### 4. PROPHETIC PRAYER COVERAGE

Your name has gone before the Company of Prophets for cascade intercession during this season

#### For \$118.25 CASCADE COVENANT SEED:

##### 5. PERSONAL PROPHETIC CALL FROM COMPANY OF PROPHETS

20-25 minutes of prophetic ministry, specific intelligence for your cascade season, directional covering spoken over your life

#### For \$1,118.25 CASCADE PROTECTION SEAL:

---

## 6. PERSONAL PROPHETIC CALL FROM MASTER PROPHET E. BERNARD JORDAN

I step away personally to speak directly into the three movements in your life, where the constriction is lifting, where the capacity is being enlarged, and what your specific cascade looks like when it arrives

**The cascade has already started in the spirit. Your seed has positioned you underneath it. Now prepare to receive what's coming.**

A waterfall does not start at the bottom. It starts at the top — where the overflow exceeds the vessel and begins its descent.

**God is at the top of this. The cascade is in motion. And you are positioned underneath.**

Stay alert. Stay prepared. Stay expectant.

The overflow is coming.

Zoe Ministries  
Archbishop E. Bernard Jordan  
Your Most Trusted Name in Prophecy  
888-831-0434